

Magic Mix

Rating: ★★★★★

Makes: 4 servings

Ingredients

3 cups dry milk, nonfat
1 cup flour
1/3 cup margarine
1 teaspoon salt (optional)

Directions

1. Combine dry milk, flour, and salt in a large bowl.
2. Cut in margarine with two knives until the mixture looks like cornmeal.
3. Store in a dry, closed container in the refrigerator for up to 6 weeks.

University of Nebraska, Cooperative Extension, Recipe Collection, p.80 Staff from the University of Nebraska-Lincoln

Nutrition Information

Key Nutrients	Amount	% Daily Value*
Total Calories	430	
Total Fat	16 g	25%
Protein	21 g	
Carbohydrates	51 g	17%
Dietary Fiber	1 g	4%
Saturated Fat	3 g	15%
Sodium	990 mg	41%